



The Motley Phoenix Presents:



THE COSMIC PLAYBOOK

AN EXCERPT

**Your 60 Day Success Field Guide to Engage
The Law of Attraction & Other Universal
Principles**

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WELCOME TO THE COSMIC GAME

What is The Cosmic Playbook?

Here's the thing...

Before I can tell you what the Cosmic Playbook is, I have to tell you why you need it. Turns out there's been a mix up and I've been asked to set things straight.

It's like this:

You've probably heard a couple phrases thrown around lately.

- “Thoughts become things”
- “What you focus on, you attract”
- “Your thoughts create your reality”
- “Mind over matter”

These statements are entirely true. AND they are entirely misleading.

The brilliant sages that have been teaching you about Universal Laws are handing you elegant keys to unlock fabulous dimensions and qualities of the Cosmos. In the process, you are discovering your rightful place in all this.

Unfortunately one law has been rendering most of these teachings ineffective and frustrating. That annoying trickster law is The Law of Inertia.

in·er·tia [in-ur-shuh]: *-noun*

1. Lack of activity; sluggishness
2. The property of matter by which it retains its state of rest or its velocity along a straight line so long as it is not acted upon by an external force.

Inertia inspires us to maintain the status-quo. It tells us to hope for something different. Wish and wait for things to change. Heck, even *try* for something better... which is really just a creative way to keep things exactly as they are.

Hiding beneath the surface of your efforts, inertia has your creativity in a chokehold. When you think you are engaging the Law of Attraction, learning to live *The Secret*, focusing on positive thoughts, and otherwise attempting to change your life, your natural and physical inclination towards inertia still somehow keeps you stuck.

It's not your fault. It's a condition of being human. It's a physical law of matter.

Lucky for us, inertia can also keep us in motion. Find the right external force to throw you into gear and inertia keeps you moving. I say "external" because had you mastered your internal force you wouldn't be reading this book. You'd already have everything you could possibly imagine or desire.

And that brings us back to the question: What is The Cosmic Playbook?

The Cosmic Playbook is your brute external force. I'm here to kick you into high gear.

Through this process you will engage and master your internal force so that forevermore, from this point forward, you will be the Power in your life, the Champion of your joy, and the Master of your destiny.

How can a silly playbook accomplish all that?

I have a simple enough answer for that:

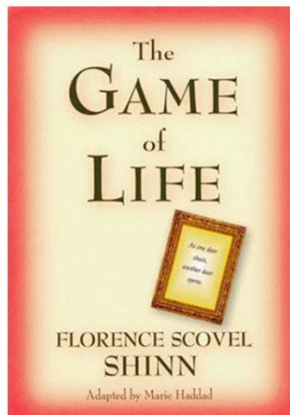
It turns out that life is a glorious and magical Game.

When you try to *work* it, you get exactly that: work, struggle, tension and a battle between forces.

However, the moment you begin to *play* it, you'll experience a delicious dance with the forces around and within you. You'll discover an intricate science and geometry at play that as children we once swore was magic.



This is not a new idea. In 1925, Florence Scovel Shinn published a book called *The Game of Life: And How to Play It*.



“Most people consider life a battle – but it is not a battle, it is a game.

“It is a game, however, which cannot be played successfully without the knowledge of spiritual law...Jesus Christ taught that it was a great game of *Giving and Receiving*.”

- Florence Scovel Shinn

If this idea – that life is a game – makes you at all uncomfortable... *good*. We're moving in the right direction then.

To get a little more specific, The Cosmic Playbook lays out for you, step by step, the winning plays and why they work. Like any game, this process requires action on your part. We tell you exactly what actions to take and when, and you'll quickly see that **everything you experience in your life is something that you've created and attracted in a very specific, concrete, *scientific* way.**

Let's keep up the momentum and introduce you to the One actually playing this game of life...

THE ONE PLAYING THE GAME

*Who is the one playing the Game?
Is it you? Or is it Source/God?*



This question points to the paradox of an ancient Buddhist proverb, “Is God dead?” If you say yes *or* no you lose your Buddha nature.

Playing the Cosmic Game helps us entertain a yes and no logic where both alternatives – both possibilities – are true.

The opposite of a great truth is another great truth.



Consider, in your quietest moments of stillness, as you search within and ask, “What is the Self?” that what you are searching for is that which is looking.

The One playing the Game is the Divine. You can call it the Universe or Source Consciousness. Call it God. For the purpose of this book we'll refer to it simply as the Divine.

The way the Divine plays the Game is through *you*. You are an extension, expression, and joyful exploration of Source Consciousness. **The Universe dreams itself into existence through you.**

Because you possess consciousness, you possess infinite power. The consciousness within you is all-powerful; it is your internal force.

Your key to successfully playing the Game of Life is to harness and express, with positive intent, the consciousness within you so that you may joyfully engage the world as *you* choose it, as *you* desire it, as *you* see fit to create it.

This ability is your inherent right as a conscious being. You are born with it, you die with it; it cannot be taken from you and it cannot be lost. It has only been forgotten.



And now you are remembering...



HOW THE GAME IS PLAYED

You participate in the Game whether you want to or not, and whether you know it or not. The Universal Laws are active, interacting with you and your life, period.

But successfully playing the Game isn't as simple as learning the rules and brushing up on the latest and greatest teachings about Universal Laws.

Here's why:

“We are on the brink of the miraculous [but] we will not find the rules of the game so long sought after by philosophers and theologians.

“What we will find is a glimpse into ourselves, a bit of cosmic hide-and-seek in which we realize that no rules as such can be found [because] we make the rules.”

- Michael Talbot
Mysticism and the New Physics

The glorious and alarming truth is that the reality of any and all rules (including all the laws of the universe, both physical and spiritual) is contingent upon our believing in them.

What this means for you, and what I will teach you in this Cosmic Playbook, is that you can learn the rules of the Game as they exist in this moment. Then, in playing the Game by those rules, you will learn to master the Game...

And that is when you will be able to create your own rules and play the Game precisely as *you* choose.

Starting now, the Cosmic Playbook serves as your field guide and success blueprint. It will guide you in any area of your life, to create and attract anything you wish: wealth, love, career success, travel and adventure, family, relationships, health, wellness, and more.

How do I know this with absolute certainty? Because you are not the first to play the Cosmic Game and it is a game based on physical and universal structures that provide consistent results when approached scientifically.

The logo features a stylized sun or starburst with rays emanating from a central point, surrounded by decorative, swirling lines.

COSMIC CASE STUDIES

Okay, let's set the stage for a moment...

I first decided to experiment with the Cosmic Game on October 26th, 2008. It was an act of desperation, but it was also one that gave me hope. I had just come out of an excruciating surgery to remove five gigantic fibroid tumors from my uterus. I had been out of work for several months due to the pain and immobility prior to surgery and the lengthy recovery process that followed.

On the day I decided to return to my business, I was apprehensive. I needed to make at least \$4000 within the next week, but I had done it numerous times before and told myself I shouldn't worry. It couldn't be that hard, right?

Wrong.

That very day, our government announced our dire economic straits and proposed their \$700 billion bailout. My company's target markets were small businesses and internet entrepreneurs. Needless to say both markets were floored by the situation and no one was letting go of even a single penny. Over the next 48 hours, every member of my coaching program would contact me and regretfully cancel their membership. All my money was gone, along with any prospect for making money in the days and weeks to come.

To further drive me toward a nervous breakdown, I had been planning to move to Orange County, CA with my brother. So I had put in my 30 day notice two weeks earlier, and had only 14 days to find a home. We'd submitted bids for five different homes already and we'd lost every single one. A foreclosure here, an indecisive owner there who decided to move back into the home herself...a different reason for each house but the result was still the same. I had no money, no way to make money, and the prospect of homelessness in two weeks.

I'll never forget the night of October 24th 2008. I was driving home, and as I pulled into my garage, I couldn't move. I couldn't get out of the car. Tears just stormed my eyes and I couldn't hold back the fear any longer. I cried harder than I've ever cried in my life (and trust me, that's saying something!). I was convinced I would lose my business. Strangely, I could deal with the prospect of being homeless. What crushed me was that I again failed to run a successful business. I felt like an utter failure.

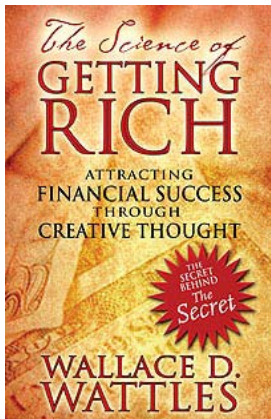
We all experience these moments, so I know you get where I'm coming from here. I won't say it was my first and I know it won't be my last, but I will tell you that the night of October 24th changed me. It broke me down and cut me open and woke me up.

You hit a brick wall hard enough and you start looking around for another way to go.

Plus, I've learned to cherish these moments as life has continually shown me that right after our darkest moments, the light shines the brightest.

Sure enough, a certain book came across my desk the next morning and it changed everything. I didn't know it at the time, but this book was the same one that found its way to Rhonda Byrne and inspired *The Secret*.

It was *The Science of Getting Rich*, by Wallace Wattles.



“No one can rise to his greatest possible height in talent or soul development unless he has plenty of money, for to unfold the soul and to develop talent he must have many things to use, and he cannot have these things unless he has the money to buy them.

There is nothing wrong in wanting to get rich. The desire for riches is really the desire for a richer, fuller, and more abundant life – and that desire is praiseworthy.”

- Wallace D. Wattles

I read it cover to cover in one sitting and then grabbed my wallet and keys. First stop was the bookstore where I caught up on the latest research in Quantum Physics, String Theory, Universal Laws and Consciousness Studies.

Next stop was the library to brush up on the classics. That was where I found *The Game of Life* by Florence Scovel Shinn.

Somewhere in the space between Wattles and Shinn, between science and the game, in the midst of all these books that circled around the same universal laws, *it* was staring me right in the face: **The Cosmic Game had revealed itself.**

Or rather I had finally donned the eyes to see it.

Over the next 60 days I constructed an experiment that literally propelled me through each step Wattles and Shinn (and all the others in their own ways) guaranteed would engage the universal laws to deliver any and all I desired.

To recap, here's the situation I faced at the start of the experiment:

- Fresh out of major surgery for fibroid tumors and still recovering, both physically and emotionally
- Out of work several months and out of money

- Economy goes berserk the day I return to my business and all my company income – present and future – goes to \$0 within 48 hours
- Applied for 5 houses, and lost every single one
- In two weeks, I'd be homeless
- In the midst of political turmoil and a presidential election, not to mention the approaching holidays. My industry tends to shut down from Thanksgiving until New Years. This was not the time to sell anything.

I began my experiment on Monday November 3rd and continued until January 3rd. You'll learn exactly what I did during those 60 days and, just as important, why it worked.

But first...

THE RESULTS

Here's what I achieved during those 60 days:

- I made \$12,000, cash in hand, within 14 days of the start of the experiment. The first \$3,000 came within 48 hours. And yes, I cried. The surrender I felt in that moment is one of the most beautiful and intense sensations I've ever experienced and I'm grateful.
- After losing 5 houses, my brother and I applied for three more and I incorporated all three houses into the experiment (to see if I could get all three). Within 24 hours of beginning the experiment, I received approval on all three houses.
- On December 1st 2008, I moved into a \$1.3 million home. It came fully furnished with every luxury upgrade you can imagine. It was my brother's and my dream home and it hit the market the day I started the experiment.



- Jim Kwik, one of my co-founding partners here at The Motley Phoenix, contacted me on November 16th after meeting nearly two years earlier at an industry conference and only talking once in the interim. That fateful conversation has led to immense business and my life has completely changed as a result. For example:
- On November 22nd, my birthday, I landed a position Jim invited me to apply for, as Chief Copywriter for a massive launch in the Personal Development market. The immense success of our launch caught the right eyes and now my professional calendar is booked until the end of the year and A-list experts in my industry are now approaching our company to launch their brands.
- StomperNet, known for achieving the highest grossing launch in the history of the internet and a leader in the internet marketing industry, contacted me out of the blue on January 3rd, the last day of our experiment, to join their faculty to teach my business model and personal development processes. I'm the first woman invited into this prestigious position and the first person to teach the universal laws and personal development to their vast membership base.

I could go on and on. Quirky little synchronicities were happening constantly. In one instance I had added a picture from one of the houses I wanted into a visualization animation... it happened to have a picture of three cream leather couches in the picture.



Not even a week after beginning the experiment, two cream leather couches, identical to the ones in the picture, suddenly materialized in one of my parking spaces in my apartment building's garage.

After asking around as to their origin and why they were in my garage space, I finally tracked down my apartment manager who said, "You know, it was the weirdest thing, someone just randomly dropped them off on the side of the road, and they look practically brand new... I knew you were moving soon and thought maybe you'd want them."

I ended up not taking them as my entire house was furnished but that is the power of this process: Even little details that weren't the focus of my desire manifested in my reality.

After the immense success of my experiment, I crafted the Cosmic Playbook to teach the rules, tools, and playful experimentation I'd stumbled upon. I needed to know if this would work for others.

To Wattles' and Shinn's credit, they were right and it seemed there was a science to successfully mastering the Cosmic Game. The success stories just kept pouring in.

- One participant doubled his business in 30 days.
- Another focused on adding a new automated stream of income to his revenue and in just seven days he had a consistent and automated process that generated more than \$100 a day in profits.

(The information that allowed him this quick success came to him in the mail the day his experiment started. It was free, unrequested, and came from an unknown publisher he'd never received mail from in the past.)

- Another participant landed three invaluable joint venture partners who were each stars in the fitness industry, including Jennifer Nicole Lee who is one of the most recognized faces in fitness and has been featured on the covers of over 17 magazines and has been a guest on Oprah as well as most major news shows.
- Another participant decided he wanted to publish a book. Less than 5 hours after watching my presentation of this material (before even using the Cosmic Playbook), he received a call from a reputable publisher that happened to find him on the internet and wanted him to write a book for their publishing house.
- One couple chose to focus on manifesting a cruise within the next six months. One day after reading the Cosmic Playbook, before they could even start the experiment, a flight they had booked was cancelled and they received two vouchers for a round-trip flight anywhere in the country. They had just secured half of their cruise trip (flight) at zero cost.

And that barely scratches the surface. I also ghost wrote a transformational healing course for a dear friend and colleague of mine that used the Cosmic Playbook (masquerading under her own brand) to assist women in releasing weight (including severely obese women who had not succeeded with any other diet or weight loss program).

I can't even begin to take full credit for the success of her program because her personal coaching with these women is magical. However the entire twelve-week program is dedicated to working through an intense, very deep exploration of the Cosmic Game as it applies to weight release and the consistent transformations and dramatic weight loss her clients have experienced totally and utterly blew our minds.

- One woman climbed every step of the Statue of Liberty after three weeks of our program. She said that each step was daunting and it felt impossible. And

then she remembered one of the stories we shared in the program about my own struggle to climb a mountain and face my fear of heights. “It gave me strength,” she told us, “and I made it to the top.”

(I’ll share with you later the importance of narrative and stories in the Cosmic Game.)

- Each of the hundreds of women who took the 12-week course lost, on average, 20 pounds during those three months.

I’m sure you get the point. Yet with all the wonderful results the Cosmic Playbook affords us, there is something else you’ll discover as you engage the Cosmic Game...

THE LESSON

Every single one of us seeks the answer that will deliver our prayers and fix everything. We all know the heartache of failure and the nagging doubt it leaves behind. Like you, I’ve had that little voice in my head that cries out, “This won’t work. You can’t get everything you want, you can’t have it all. Especially not *this* way. It can’t be this simple. And *definitely* not this FUN.”

I’m not going to tell you to ignore that same voice inside your head. We all have it and we can’t banish it. It’s a part of us. It’s our fear.

But I am going to ask you to be stronger than your fear right now. You’ve likely given the last several decades of your life listening to that little voice. Choose to give the next 60 days to YOU, to your hope and your dreams and the will to live in bliss. I’m telling you, *it is possible. It will happen.*

Remember how 48 hours before I discovered this Cosmic Game I was crushed and bawling in my car? I’d rarely ever felt so low, alone, and like a failure. My story could have stopped there. For most of us, that’s exactly where it does stop.

Choose not to stop there this time. Wherever that moment shows up for you (and it will), commit to stand up for yourself. Commit to getting up one more time than you fall down. Because at the end of the day, that’s all success really is.

The lesson is that your greatest hope and your greatest fear is the same: You are enough.

You are worthy. *Your thoughts—your beliefs* can be enough to change the state of your life and even the state of *YOU*...your body and your health. It IS enough! YOU ARE ENOUGH.

I don't care if a deep part of you doesn't believe me yet. My promise to you is that when you're done reading the Cosmic Playbook and you begin your own experiment to engage the Cosmic Game...if you follow it to the letter...you'll know it when you're done.

Welcome to the Cosmic Game. ☺

Thank you for reading this Intro Chapter Excerpt from our forthcoming life-success package, *The Cosmic Playbook*.

We welcome your feedback and invite you to email us at support@ignitethephoenix.com.